

## Preoperative Pathway for Bariatric Surgery

### 1<sup>st</sup> Month

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| <p>1. Initial Consultation with <b>Dr. Jeffrey S Fronza</b><br/>         Location: 676 N Saint Clair, Suite 1525, Arkes Pavilion<br/>         Contact: 312.274.1811 (Assistant – Cindy Ngoon)<br/>         Topics: Eligibility for Bariatric Surgery, Types of Bariatric Surgery, Overview of Preoperative Pathway</p> <p>2. Medical Evaluation for Bariatric Surgery<br/> <input type="checkbox"/> Initial Consultation with <b>Dr. Robert F Kushner</b> or <b>Dr. Lisa M Neff</b> or <b>Gail DeLuca, CNP</b> or <b>Brooke Marsico PA-C</b><br/>         Location: 259 E Erie Street, Suite 1600, Lavin Pavilion<br/>         Contact: 312.695.2300</p> <p style="text-align: center;"><b>OR</b></p> <p><input type="checkbox"/> Initial Consultation with <b>Dr. David J Fox</b><br/>         Location: 259 E Erie Street, Suite 2230, Lavin Pavilion<br/>         Contact: 312.926.8267</p> | <p>3. Nutritional Evaluation<br/> <input type="checkbox"/> Bariatric Surgery Group Nutrition Class with <b>Eric Battin CDE, RD</b> or <b>Erin Utz, RD</b> or <b>Rebecca Levine, RD</b><br/>         Topics: Bariatric Guidelines, Meal Ideas, Snack Ideas, Protein Shakes<br/>         Location: 259 E Erie Street, Suite 1600, Group Encounter Room, Lavin Pavilion</p> <p>4. Psychological Evaluation<br/> <input type="checkbox"/> Consultation with <b>Dr. Greg Peterson, PhD</b><br/>         Location: 259 E Erie Street, Suite 1600, Lavin Pavilion<br/>         Contact: 312.695.2300</p> <p style="text-align: center;"><b>OR</b></p> <p><input type="checkbox"/> Consultation with <b>Brad Saks, PsyD</b><br/>         Contact: bjsaks@gmail.com or cell 773.307.4501</p> |
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### 2<sup>nd</sup> Month

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| <p>1. <input type="checkbox"/> Initial Visit with Dietitian: <b>Eric Battin CDE, RD</b> or <b>Erin Utz, RD</b> or <b>Rebecca Levine, RD</b><br/>         Topics: Calorie guidelines, Grocery List, Portion Control, Current Calorie Intake, Food Log<br/>         Location: 259 E Erie Street, Suite 1600, Lavin Pavilion</p> | <p>2. <input type="checkbox"/> Subsequent Consultation with <b>Medical Provider</b><br/>         Topics: Confirmation of Suitability for Bariatric Surgery, Preoperative Laboratory Evaluation</p> |
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### 3<sup>rd</sup> Month\*\*

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| <p>1. <input type="checkbox"/> Preoperative Visit with <b>Dr. Fronza</b><br/>         Topics: Detailed Discussion of Risks/Benefits of Chosen Procedure, Postoperative Recovery and Diet, Surgery Scheduled For Approximately 4 Weeks After Submission to Insurance for Preauthorization</p> | <p>2. <input type="checkbox"/> Preoperative (3<sup>rd</sup>) Visit <b>Eric Battin CDE, RD</b> or <b>Erin Utz, RD</b> or <b>Rebecca Levine, RD</b><br/>         Topics: Activity, ADL's &amp; Exercise, 14 day pre-op low-carb diet, post op Bariatric Guidelines and diet advancement</p> |
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\*\*Additional monthly visits with dietitian or health care practitioner prior to approval for surgery may be needed based on your insurance requirements.

### Insurance Information

Insurance Provider/Group ID \_\_\_\_\_

Surgery Code (CPT) \_\_\_\_\_

Diagnosis Code (ICD-10) \_\_\_\_\_

Duration of Supervised Diet \_\_\_\_\_

Estimated Surgery Date \_\_\_\_\_