

Bariatric Surgery Supplemental Form

Age of obesity onset: _____

How many years have you been at your present weight? _____

Highest weight over last 10 years: _____pounds

Lowest weight over last 10 years: _____[pounds

Greatest single weight loss: _____pounds

Weight loss was sustained for: _____months

Diet History:

Year	Name of Program/Diet Type	Length of Participation (months)	Weight Loss (lbs)

Weight History:

YEAR	WEIGHT (lbs)
2020	
2019	
2018	
2017	
2016	

Social History:

_____ Single _____ Married _____ Divorced

Number of children: _____

Tobacco use: _____

Alcohol: _____

Other Drug Use: _____

Occupation: _____

Are you currently disabled or on disability? _____ Yes

_____ No

Education:

_____ High school graduate _____ College graduate _____ Post graduate

Preoperative Pathway for Bariatric Surgery

Surgical Evaluation

Initial Consultation with Dr. Jeffrey Fronza or Dr. Daniel Davila

Contact: Assistant to Dr. Fronza – 312-695-4959
Assistant to Dr. Davila – 312-695-6946

Location: 676 N Saint Clair St, Suite 1525, Arkes Pavilion

Topics: Eligibility for Bariatric Surgery, Types of Bariatric Surgery, Pathway Review

Medical Evaluation

Initial Consultation:
Lifestyle Medicine
- Dr. Robert Kushner
- Dr. Lisa M. Neff
- Gail DeLuca, APN
- Brooke Marisco, PA
Internal Medicine specialists
- Dr. David Fox
- Dr. Nidhi Kansal

Contact: Lifestyle Medicine – 312-695-2300
Dr. Fox or Kansal – 312-926-6000

Location: Lifestyle Medicine – 259 E Erie St, Lavin Pavilion, Suite 1600
Dr. Fox or Kansal – 259 E Erie St, Lavin Pavilion, Suite 2230

Topics: Review of weight loss history, Diet, Exercise, Medical/surgical history, Supervised diet

Nutritional Evaluation

Education Class #1

Dietitians:
Erica Battin, RD, CDE, LDN
Rebecca Levine, MS, RD, LDN, CDE

Contact: 312-695-2300

Location: 259 E Erie St, Lavin Pavilion, Suite 1600 Group Encounter Room

Topics: Bariatric Nutrition Guidelines, Calorie Guidelines, Weight Management Keys

Dates: 1st Tuesday of every month from 1-3 pm
SCHEDULE IMMEDIATELY

Psychological Evaluation

Consultation with **Dr. Greg Peterson** (PhD, Lifestyle Medicine) or **Dr. Brad Saks** (PsyD, Private)

Contact: Dr. Peterson – 312-695-2300
Dr. Saks – 773-307-4501 or
bjsaks@gmail.com

Location: Dr. Peterson – see Lifestyle Medicine
Dr. Saks – Chicago and Northbrook locations

Topics: Prior dieting history, support evaluation, comorbid conditions, motivation tactics

Individual Dietician Evaluation

Location: 259 E Erie St, Lavin Pavilion, Suite 1600

Topics: Medical History, Current Nutrition Intake, Individual Recommendations, Calorie Tracking, Meal and Snack Ideas, Meal Replacements, Portion Control, Physical Activity

To be completed after Education Class #1

Medical Confirmation

With same provider you met in above section

Topics: Confirmation of Suitability for Bariatric Surgery, Preoperative Laboratory Evaluation

Preoperative Surgical Visit

Follow-up with Dr. Jeffrey Fronza or Dr. Daniel Davila

Topics: Verify prior steps completed, Detailed discussion of risks/benefits of chosen procedure, postoperative recovery and diet

Education Class #2

Location: 259 E Erie St, Lavin Pavilion, Suite 1600 Group Encounter Room

Topics: 14 Day Preop Diet, Postop Nutrition and Diet Advancement, Protein Shakes, ADL's & Exercise, Mindset and Behavioral Strategies for Weight Loss Success

Dates: 1st Friday of every month 10 am-12 pm

Schedule after Class #1, Individual Dietician Eval, Medical Evaluation, Psychological Clearance, AND once surgical date scheduled

Surgery Scheduled